

LEADERSHIP DEVELOPMENT INTENSIVE

A five-day deep dive leadership retreat

The LDI has been an invaluable programme for Les Mills for a number of years. It has helped to inspire and equip our managers and high performers to act and lead with energy, authenticity and courage.

It's a deeply transformational process, where participants are given the tools to truly know who they are, to bring out the best in others, and to create a positive impact, both personally and professionally.

Dr Jackie Mills, Co-owner, and Chief Creative Officer, Les Mills International



LDINZ

Living and Leading with
Deep Integrity

ABOUT THIS PROGRAMME

The Leadership Development Intensive (LDI) is a five day full immersion residential programme, designed to help you step more fully into your leadership capability. Our graduates describe it as a transformational process and a profoundly life-altering experience. You will leave the LDI with a highly developed awareness of your innate leadership potential, plus the skills to switch from an automatic way of living and leading, to one that is more authentic and purposeful.

This is a world class leadership programme that has been honed over the last 30 years with leaders across 40+ countries. The LDI will significantly impact how you lead yourself and those around you, creating seismic shifts, while challenging and stretching you like nothing else you have experienced.

KEY OUTCOMES AND BENEFITS

- Turn your work into a powerful vehicle for lifelong personal and leadership development
- Build on your strengths, but also explore your weaknesses, transforming them into a rich, untapped source of leadership potential
- Become radically self-aware, and bring the best of who you are to everything you do
- Unhook yourself from counterproductive patterns and behaviours that keep you stuck in unhelpful habits, conflict, or impasse
- Discover or reignite your sense of purpose and passion
- Maintain a calmer, more confident and balanced presence, even when the pressure is on
- Deeply embed the learning through experiential exercises and a comprehensive post-course follow-up process

TESTIMONIALS

“I believe the LDI is hands-down the best investment anyone can make in themselves. More than 10 years later, I am still using the material every single day.

When I was part of a team with colleagues who had also been on the LDI journey, I found we were better equipped to navigate the hard stuff when it came along, our outcomes improved and team trust was higher.”

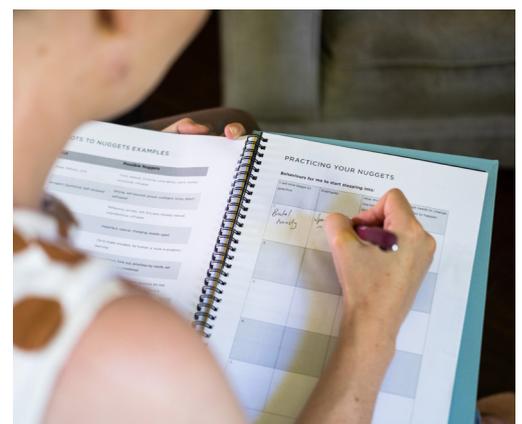
Angus Swainson, Outdoor Director, MediaWorks NZ

“The LDI reconnected me to the core of who I am, and helped me to recognise the habits and thought patterns that have been stopping me from living up to my potential. It was phenomenal to get right into that grit. I just loved it!”

Lizzie McPhail, Director, KooGa Ltd

“Since the LDI I have had a new level of calm and confidence that I know is here to stay. The LDI is one of the most real things I have done in my life. I thought it was bloody fantastic.”

Willy Rathbone, Rural Sales Professional



YOUR LDI JOURNEY

Day One: Core leadership

- Expand your thinking around what leadership is, and what being a leader involves
- Recognise the power of leading and living from your core
- Begin to explore the four 'Biggies' that bring life-changing leverage to your leadership style

Day Two: What runs you?

- Understand what drives you and what holds you back
- Harness your strengths and reframe your weaknesses to unlock your gifts and talents
- Acquire strategies and tools for unhooking yourself from counterproductive reactions and patterns

Day Three: What calls you?

- Tune inwards to reveal what's 'True North' for you, in your life and work
- Develop the courage to trust your instincts and the confidence to reveal your true self
- Articulate your 'Greater Purpose Statement' (GPS) and use it as a compass to steer you towards increased effectiveness and fulfilment

Day Four: What tigers need to be faced?

- See conflict as an opportunity to be embraced rather than an obstacle to be avoided
- Learn a proven process for tackling tough conversations with courage and grace
- Practice with real life scenarios

Day Five: What will unleash you?

- Clarify what you need to do next in order to bring your life and work into alignment with your Greater Purpose
- Develop a clear roadmap and action plan for achieving your goals
- Put mechanisms in place to ensure success in the post-course phase

Each day of the LDI begins with a group yoga and meditation session, and there will be breaks during the day and in the evenings to allow you time to reflect and enjoy the beautiful surroundings.

PRE AND POST WORK

Aligning the LDI with a comprehensive pre and post-course process not only creates a richer experience, but also cements the long-term benefits of your investment.

Pre-course: We will undergo a pre-LDI discovery process, that will enable you to focus your intentions, and help us to understand your key challenges and desired outcomes.

Post-course: Following the LDI there is a series of weekly conference calls with your LDI facilitators and colleagues, plus one-on-one coaching as per your chosen package.

OUR GLOBAL LDI COMMUNITY

The LDI was designed by Organisation Development Specialist, Dr John Scherer, and is based on his best selling book 'Five Questions that Change Everything'. John is known internationally as an expert on the deep development of leaders. For more information about John and his body of work, visit www.scherercenter.com

The LDI is delivered by a network of facilitators all over the world. LDINZ is the only organisation offering this unique programme in Australasia.

Following the LDI, we will support you with resources from the global community that will help you continue to embed your learnings.



INVESTMENT

(All prices GST exclusive)

LDI RETREAT

\$6,815 standard | \$6,565 early bird*

- Five-day residential retreat, including accommodation and meals
- Pre-course discovery session with one of your course facilitators
- Four post-LDI video calls with your facilitators and LDI course-mates
- Two post-LDI 1:1 coaching sessions with one of your facilitators

Additional coaching sessions are available on request, \$375+gst per session.

Visit www.ldinz.co.nz for full terms and conditions.

SPOUSES AND LIFE PARTNERS

The ability to make and embed meaningful change and create new habits is greatly enhanced by having your partner do the work alongside you.

Attending the LDI together enables you to get to know and understand each other more deeply. If you have any questions about attending the LDI as a couple, we can share our thoughts and insights. Please give us a call.

IN-HOUSE OPTION

The LDI can be customised for an internal leadership group of six or more people at a specially discounted rate, and at a venue that suits your location. Please contact us to scope a package suitable for your organisation.

EXECUTIVE LDI

The Executive LDI is a private retreat conducted exclusively for one or two people, usually senior executives with their spouse or partner. The dates and venue can be arranged to suit your schedule, and the programme can be customised to meet your needs. Please contact us to scope a package suitable for you.



LDI FACILITATORS

LDINZ founder and Lead Facilitator, Robyn Wynne-Lewis, introduced the LDI to New Zealand in 2000, after training under LDI creator, John Scherer. Her vision was to develop leaders who were integrated in body, mind and spirit.

Having facilitated the LDI for more than 20 years, it is in her bones and she has a deep understanding of how to use the tools to create monumental growth and game-changing benefits for participants. As a consultant, trainer, facilitator and coach outside of the LDI programme, Robyn is acutely tuned-in to the challenges and opportunities that New Zealand leaders are facing.

The wider LDI facilitator team (who you can learn about on our website) is made up of highly-skilled professionals with immense passion for leadership and personal development. Each LDI is facilitated by a team of at least one male and one female. They are a team who demonstrate deep caring and empathy, vulnerability, a killer sense of humour, and a commitment to role-model what they teach.

LEARN MORE

Visit our website for information about:

- LDI dates, Early Bird deadlines and LDI venues
- Our registration process and booking links
- Our facilitation team



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